



010 - 84 62 035
info@mindfulgmat.org
<http://mindfulgmat.org>

Amsterdam teaching location (UvA):
Valckenierstraat 65-67
1018 XE Amsterdam

Rotterdam teaching location (Office):
Max Euwelaan 61
3062 MA Rotterdam

Utrecht teaching location (UU):
Leuvenlaan 21
3584 CE Utrecht

Maastricht teaching location (UM):
Tongersestraat 53
6211 LM Maastricht

Dear course participant,

Thank you for registering in our GMAT course.

This document contains all practical information regarding your course.

Dates

You can find the dates of your course sessions in you confirmation email.

If you are mixing sessions from different courses, please note that the order of these dates is not chronological.

Books & payment details

If you have not paid yet, you can transfer your course fee to our ING Bank account NL65INGB0006584956 of Mindful GMAT, with your name as reference.

Your can order the books via this [link](#), but you can purchase them anywhere.



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Amsterdam: locations and directions

Our Amsterdam courses currently take place at the JK of the University of Amsterdam (UvA).

Important: our courses currently take place in the JK building (see address below).

Check <http://mindfulgmat.org/rooms/> for the rooms of each of your sessions.

University of Amsterdam
Faculty of Business and Economics
Valckernierstraat 65-67 {JK building}
1018 XE Amsterdam

You'll find the closest tram and metro stops [here](#) .

Rotterdam: Locations and directions

Our Rotterdam courses take place at our Office at the Max Euwelaan.

Important: check <http://mindfulgmat.org/rooms/> for the rooms of each of your sessions. Press the doorbell for Koot (the bell for this company is located next to the teaching area where someone is present 15 min. before the start of the course).

Dit is Wijs Groep/GMAT Holland office building
Max Euwelaan 61
3062 MA Rotterdam

Please take note of parking regulations. There are parking spaces available at the road in front of the building complex. In the evening its free, but during the day you need to pay for parking. We also have parking space available next to our office building. This is always free. Just ring the bell for 'Koot' at the parking gate.



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Utrecht: Locations and directions

Our Utrecht courses take place in the Marinus Ruppert building of the University Utrecht (UU).

Important: check <http://mindfulgmat.org/rooms/> for the rooms of each of your sessions.

University Utrecht
Leuvenlaan 21
3584 CE Utrecht

The UU campus is quite big, so please make sure you arrive on time to find your way. Check this [map](#) to become familiar with the area; you'll find directions [here](#).

Maastricht: location and directions

Our Maastricht course take place at the School of Business and Economics (SBE) of Maastricht University (UM).

Important: check <http://mindfulgmat.org/rooms/> for the rooms of each of your sessions.

Maastricht University
School of Business & Economics
Tongersestraat 53
6211 LM Maastricht

You'll find the directions [here](#) .

Preparation

The last page of this PDF outlines what you need to prepare for each session. It is important to prepare well for each session; the better you prepare, the more effective you will find our meetings.

The final chapters of each Manhattan GMAT Guide refer to GMAT exercises about that guide's material in the Official GMAT Review. Try to make a few of such exercises before each meeting.

The material indicated as 'Optional' is advanced material. If you have the 4th edition, you should only study those chapters if you aim at 740+. If you have the 5th edition, you should only study those chapters if you aim at 680+. Before going through the optional advanced material, it is important to first fully master the other chapters and make at least three online GMAT practice tests. Most people do not have time to study the advanced material.

Try to prepare as much material as possible, but do not get discouraged if you cannot cover everything. The material is quite detailed; we will highlight the core topics and strategies during our meetings.

Practicing the GMAT on your computer

It is very important to make GMAT computer tests so as to become familiar with the set-up and time pressure. Using an unscratched code from one of your Manhattan GMAT Guides, you can register to get access to 6 online GMAT tests: you can use one code from a random guide, because each code gives access to the same 6 tests. In addition, when you register for the GMAT at mba.com, you receive 2 past GMAT computer tests, which you should also practice.

Try to do one test every week; in the final four days before your GMAT, do one test each day.



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GMAT study group

As you may have noticed already, a decent GMAT preparation requires a lot of time and effort. People in the Netherlands study on average 2 months for the GMAT.

Our previous course participants told us they found it helpful to prepare together in a GMAT study group. This helps to understand the material and makes the studying more pleasant.

Therefore, if you've got fellow students who want to participate in the course, it would be good if they register in the same course as you have. You can then work together when preparing each session and reviewing it afterwards.

If there are no fellow students of yours in the course, we offer you the possibility to form a study group with your fellow GMAT course participants after the first session. You will receive an email after each session with the online video solutions of the homework exercises (from our Youtube channel [youtube.com/gmatholland](https://www.youtube.com/gmatholland)). This email also contains the email addresses of your fellow course participants and we encourage you to form a GMAT study group with them.

Good luck studying!

We are looking forward to meeting you in person and working on increasing your GMAT score.



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If you have any questions in the meantime, please do let us know. We would be happy to answer them.

All the best preparing for your first session!

Kind regards,
on behalf of our entire team,

Ricardo Smit
Office Manager

PS: To receive our latest updates, you can follow us on Twitter @MindfulGMAT or like us on <http://facebook.com/MindfulGMAT> .

Course outline: preparation for each session

Please check which edition you have: the 4th and 5th edition are very similar, but the numbering of the Guides is different.

Important: If you start your course with session 2, 3 or 4, please also prepare the introductory material indicated by the star (*) from session 1.

	Manhattan GMAT – 4th Edition	Manhattan GMAT – 5th Edition	Manhattan GMAT – 6th Edition
Session 1	<p>Official GMAT Review 12th Edition *</p> <p>-Chapter 1, 2, 3 *</p> <p>-Pages 148-150, 266-270 *</p> <p>Guide 1 – Number Properties</p> <p>-Chapter 1, 2, 3, 8, 9, 13</p> <p>-Optional: Chapters 10, 11</p> <p>Guide 4 – Word Translations</p> <p>-Chapters 4, 5</p> <p>-Optional: Chapter 13</p>	<p>Official GMAT Review 13th Edition *</p> <p>-Chapters 1, 2, 3 *</p> <p>-Pages 6-16, 18-65 *</p> <p>Guide 5 – Number Properties</p> <p>-Chapters 1, 2, 3, 4, 5, Appendix A</p> <p>-Optional: Chapters 6, 7</p>	<p>Official GMAT Review 2015 Edition *</p> <p>-Chapters 1, 2, 3 *</p> <p>-Pages 6-16, 18-65 *</p> <p>Guide 5 – Number Properties</p> <p>-Required: Chapters 1, 2, 4, 5, Appendix A</p> <p>-Optional: Chapters 6,7</p> <p>-Recommended strategies: Chapters 3</p>
Session 2	<p>Guide 1 – Number Properties</p> <p>-Chapter 5, 6, 7</p> <p>-Optional: Chapter 12</p> <p>Guides 3 – Equations, Inequalities & VICS</p> <p>-Chapters 1, 2, 3, 4, 5, 6, 7, 8, 9, 14</p> <p>-Optional: Chapters 10, 11, 12, 13</p>	<p>Guide 2 – Algebra</p> <p>-Chapters 1, 2, 3, 4, 5, 6, 7, 8, Appendix A</p> <p>-Optional: Chapters 9, 10, 11</p>	<p>Guide 2 – Algebra</p> <p>-Required: Chapters 1, 2, 4, 5, 6, 8, 9 Appendix A</p> <p>-Optional: Chapters 3,7,10</p> <p>-Recommended strategies: Chapters 11, 12, 13</p>
Session 3	<p>Guide 1 – Number Properties</p> <p>-Chapter 4</p> <p>Guide 2 – Fractions, Decimals & Percents</p> <p>-Chapters 1, 2, 3, 4, 5, 6, 8</p> <p>-Optional: Chapter 7</p> <p>Guide 4 – Word Translations</p> <p>-Chapter 1, 2, 3, 6, 7, 8, 9, 10, 13</p> <p>-Optional: Chapter 11</p>	<p>Guide 1 – Fractions, Decimals & Percents</p> <p>-Chapters 1, 2, 3, 4, 5, 6, Appendix A</p> <p>- Optional: Chapter 7</p> <p>Guide 3 – Word Problems</p> <p>-Chapters 1, 2, 3, 4, 5, 6, Appendix A</p> <p>-Optional: Chapters 7, 8</p>	<p>Guide 1 – Fractions, Decimals & Percents</p> <p>-Required: Chapters 1,2,4,5,7, Appendix A</p> <p>-Optional: Chapters 9</p> <p>-Recommended strategies: Chapters 3,6,8</p> <p>Guide 3 – Word Problems</p> <p>Required: Chapters 1,3,5,6,7,8, Appendix A</p> <p>Optional: Chapters 10</p> <p>Recommended strategies: Chapters 2,4,9</p>
Session 4	<p>Guide 5 – Geometry</p> <p>-Chapters 1, 2, 3, 4, 5, 6, 7, 9</p> <p>-Optional: Chapter 8</p>	<p>Guide 4 – Geometry</p> <p>-Chapters 1, 2, 3, 4, 5, 6, Appendix A</p> <p>-Optional: Chapter 7</p>	<p>Guide 4 – Geometry</p> <p>Required: 1, 2, 3, 4, 5, 6, Appendix A</p> <p>Optional: Chapter 7</p>